



# The Garden Trellis

Newsletter for the **SAN CLEMENTE GARDEN CLUB**,  
Member of California Garden Clubs, Inc., Orange County District  
Member of National Garden Clubs, Inc., Pacific Region



November 2012  
Vol. XLIV, No. 3

## Embracing Our Outdoor Rooms.....

### San Clemente Garden Club

P.O. Box 3891

San Clemente, CA 92674-3891

[www.sanclementegardenclub.com](http://www.sanclementegardenclub.com)

**Organized 1951**

#### MEMBER

National Garden Clubs, Inc.

Pacific Region

California Garden Clubs, Inc.

Orange County District

#### President:

Bette Langford

#### 1<sup>st</sup> Vice President /Programs:

Jeannette Fromm

#### 2<sup>nd</sup> Vice President/Membership:

Mary Gorelick

#### 3<sup>rd</sup> Vice President/Ways & Means:

Lisa Goff

#### Secretary:

Ginnie Churchill

#### Correspondence Secretary:

Judith Clemens

#### Treasurer:

Heidi Gibson

#### Auditor:

Mike Gould

#### Parliamentarian:

Kathleen Scopaz

#### Garden Trellis Editor:

Susan Pierce

#### Assistant Editor:

Launa Gould

#### Circulation:

Wilma & Prescott Cogswell

Bill Schafer

#### Article Deadline:

15<sup>th</sup> of the Month

### PRESIDENT'S MESSAGE

from Bette Langford

October has been a busy month for the Club. Sacha McCrae Delane, Chairman of the Front Garden Contest, organized a committee to visit the nominated gardens. This was my first time joining in the fun, and I was amazed at the gardens that were nominated. They were all beautiful. Sacha's story board, with lovely pictures of the winners, will be displayed at our general meeting in November.

The Plant Sale went off without a hitch and that was due to 3<sup>rd</sup> Vice President, Ways and Means, Lisa Goff. All on the day before the sale had a fun time as we priced and arranged the plants on the sale tables and visited with other club members. Kitty Coleman and Lisa Goff were there to answer questions and they did their best to keep us focused. On Saturday, October 13<sup>th</sup>, we opened to an eager general public. Fall is the time for planting and the sale included a variety of plants grown and propagated by club members.

Kathleen Scopaz, Mary Lou Wakefield, and Bill Schafer met me on a very stormy morning to begin civic beautification at the pier garden. We had just gotten there, about 8:00 AM, and were spending time admiring the beautiful rainbow when what did we hear but thunder!! I have a fear about getting hit by lightning, so I suggested we get ourselves to Starbucks and ride out the storm. Mary Lou is a new member to our club and has been in San Clemente a short time so we had fun getting to know each other.

Jeannette Fromm, Programs Chairman, has been busy arranging our Christmas luncheon. Be sure to see the details on page 6 of the Trellis. Jeannette has also arranged for our speaker in November. Joan Whithorne will discuss "Citrus and Fruit Trees for your backyard." The business meeting begins at 1:00 PM. I'll see you there.

#### Inside This Issue

District, State, and National News .....	Page 2
Jr. Gardeners .....	Page 3
Civic Beautification .....	Page 4
Sponsors .....	Page 5
Holiday Luncheon .....	Page 6
Plant Sale Update .....	Page 7
Front Yard Contest .....	Page 8

## SCGC Board Meeting

Date: Tuesday, November 6, 2012  
Time: 3:00 PM  
Place: Bette Langford's home  
Where: 102 Calle Cuervo  
San Clemente  
Phone: 949-498-3317

All members are welcome to attend.

## Orange County District, State, and National News/Events

from Launa Gould, District Director

The Orange County District meeting was held October 1 at the beautiful Mile Square Park in Fountain Valley. The theme was 'Butterfly Celebration' with our own Kris Ethington presenting along with Joe and Priscilla Cruz, all Monarch butterfly experts. The information gathered was informative, and the tour through the butterfly garden a treat. Members from all over Orange County gathered for an update on CGCI happenings and fellowship with other gardeners.

Plan to join us February 11, 2013, for the next District meeting and tour at Fullerton Arboretum.



Check out [NGC](#), [Pacific Region](#) and [CGCI](#) websites for more national, region, and state gardening news.

*The beauty of autumn is its  
unpredictability - and its colors.  
~Sally Huss*



## November Program

Date: November 7, 2012  
Time: 1:00 PM  
Place: St. Andrews Church  
2001 Calle Frontera  
San Clemente, CA 92673

Program: Citrus and Fruit Trees for Your Backyard  
Speaker: Joan Whithorne

Learn about the varieties of fruit trees suitable for backyard growing and how to plant and care for them. And what backyard orchard in Orange County would be complete without the family of fruit trees that gave it its name, citrus?

Joan is an active University of California Cooperative Extension (UCCE) Master Gardeners and will provide tips for fruit trees in small gardens. Valuable information - ripe for picking! She volunteers at the Orange County Fairgrounds Ranch for its after school program with the 4<sup>th</sup> and 5<sup>th</sup> grade children. She is also a docent at Casa Romantica.

## Sponsor Reach-Out

Sponsor Matt Rayl offers a tour and composting tutorial on November 13 at 10-11AM at his company, Serrano Creek Soil Amendments, 25200 Trabuco Road, Lake Forest. Contact Kathleen Scopaz if you plan to attend.

## Publicity

from Carol Huss

As publicity chair I would like to be included in getting the word out about what's happening with our projects and club activities. Please, send me your reviews, articles, and announcements that I may submit to newspapers, magazines, flyers, etc. Include photos in jpg or pdf format, if possible. You will find my contact information in the new members section of your membership book.

## Junior Gardener Program

from Kris Ethington & Stephanie Anfinson

### Marblehead's Kokua Garden Club



### Garden Scarecrows Dressed for Halloween?

Who would have thought that last year's costumes could become this year's scarecrow clothing? The junior gardeners at Marblehead Elementary School think this form of recycle-reduce-reuse is not only fun and creative; it also helps protect their garden from unwanted visitors!



BOO to YOU!



The defender of all things green and yummy!

Led by Marblehead teacher, Kendra Gerhard, with help from many volunteers, among them SCGC member Doris Weinbaum, students worked in groups to engineer scarecrows out of PVC pipe for their monthly after school garden workday. After putting them together, they decorated them in re-used costumes, topped them with pumpkin heads, and then discussed why gardens need scarecrows. Students finished up the workday by pulling weeds, cleaning out the sweet pea bed, deadheading the cosmos, and watering. They even had time to organize the tool shed! What a productive and fun afternoon in the garden. Congratulations!



Building accomplished!



Buzz Lightyear to the rescue!



Who said gardening is work? Not these goofy kids!

### Concordia Junior Gardeners



A picture is worth a thousand words! This happy 1<sup>st</sup> grader recently planted veggies in the Concordia school garden shared by Kinder and 1<sup>st</sup> Grade. First grade students plant fall veggies for harvesting by late winter, then the garden is cleaned and prepared for planting by Kinder students in April who harvest throughout the end of the school year. This first grader is glad to return to his former K-garden and get his hands dirty again with assistance from many parent volunteers led by parent and PTA Garden Co-Chair, Rachele Vesque.

## Civic Beautification Volunteers

from Kathleen Scopaz

### Pier Garden



Bette (and Kathleen) enjoy a between-rains rainbow before planting Jasmine and Rosemary crawlers to fill in empty spaces beneath the fan palm.

### Pier Garden (continued)



Then, Bill arrived to join us in finishing the project. Unknown to us, Mary Lou had already been there to clean up weeds and debris. She caught up with us as we were leaving, on our way to...

*Thank you all for the grace you bring to our City by the Sea*

**See you in the Gardens!**

### Park Semper Fi Marine Memorial Gardens



Just as Mary Ann, Kathleen, and Bette arrived, the thunder bolts and rain kicked in, and we made a quick executive decision to run to our cars. What's a gardener to do in the rain???

### Starbucks



Yes. Kathleen, Bette, and Mary Lou braved the storm with tea, coffee, and lattes.

### Library Memorial Garden



Taking a break from Saturday's Fall Plant Sale, Bette and Kathleen strolled over to take a look at the DG path created beautifully by Nathan Bluhme of Parks and Rec. Thanks, Nathan!

## San Clemente Garden Club 2012 2013 Sponsors

from Kathleen Scopaz

Please support these businesses that sponsor our club:

Orchid Sponsors \$1,000  
San Clemente Villas by the Sea  
660 Camino de los Mares  
San Clemente, CA 92673  
949.289.1534

Southern California Edison  
Philanthropy & Community Investment  
P.O. Box 700  
Rosemead, CA 91770

Rose Sponsor \$500  
Dana Point Nursery  
34100 Coast Highway, Dana Point  
949.496.1537

Daisy Sponsors \$250  
Bemus Landscape, Inc P.O. Box 74268, San  
Clemente 888.557.7910 [www.bemus.com](http://www.bemus.com)

Glen's Landscape & Lighting, Native Plant Specialist,  
San Clemente 949.492.6492  
[www.glenlandscape.com](http://www.glenlandscape.com)

Luna Landscape/Luna Tree 114 W. Paseo de  
Cristobal, San Clemente 949.492.3208

Rod's Tree Service PO Box 3897, San Clemente  
949.492.0657

Green Thumb Nursery 23782 Bridger Rd., Lake  
Forest 949.837.3040 [www.greenthumb.com](http://www.greenthumb.com)

Plant Depot 33413 San Juan Creek Rd., San Juan  
Capistrano 949.240.2107 [www.plantdepot.com](http://www.plantdepot.com)

Shore Gardens Nursery 201 S. Ola Vista, San  
Clemente 949.492.3526

Serrano Creek Soil Amendments 25201 Trabuco Rd.,  
Lake Forest 949.768.1008  
[www.serranocreeksoils.com](http://www.serranocreeksoils.com)

San Clemente Inn 2600 Avenida del Presidente, San  
Clemente 949.492.6103 [www.sanclementeinn.com](http://www.sanclementeinn.com)

Laguna Nursery 1370 South Coast Highway, Laguna  
Beach 949.494.5200 [www.lagunanursery.net](http://www.lagunanursery.net)

Nick's San Clemente 213 Avenida Del Mar, San  
Clemente 949.481.2200

\*Ruth DeNault, DeNault's Hardware 535 N. El  
Camino Real, San Clemente 949.492.3801  
[www.denaults.com](http://www.denaults.com)

\*Tom Benton Century 21 OMA, San Clemente  
949.285.1945 [Benton4re@cox.net](mailto:Benton4re@cox.net)

\*Chris Plummer, A One Insurance Agency 629  
Camino De Los Mares # 308A, San Clemente  
949.450.1822 [www.unity1.com](http://www.unity1.com)

\*Trevor, Travis, Kayla, and Luke hear Gran'ma and  
Zaydee say: "WaterWise Gardeners Rock"

THANK YOU FOR YOUR SUPPORT!

\* Indicates San Clemente Garden Club Members

## Friendship

from Judy Clemens

Staying in touch with our members is important to us in Garden Club. If you know of a member who needs a card and a reminder that we care, please contact me with all the pertinent information. I will send a message from all of us.

You may reach me at 949-443-4238 or  
[clemensja@sbcglobal.net](mailto:clemensja@sbcglobal.net).

## San Clemente Garden Club on FACEBOOK

<http://www.facebook.com/SanClementeGardenClub>

You can now find the San Clemente Garden Club on Facebook! Go to the club's website and click, **Find Us On Facebook**; if you "Like" what you see, then click "Like" and we'll stay in touch.

## Field Trip

from Cindi Allen

There will be no field trips for November or December as always. This will be a great time to plant and catch up in the garden and to make plans for the Holiday Season! Field trips will resume in January. If you have any favorite nursery, garden or other that would make a great outing, let me know.

**Autumn, the year's last, loveliest smile.**

William Cullen Bryant

## Membership

from Mary Gorelick

Attendance at the October 3<sup>rd</sup> meeting included 49 members, and we welcomed 2 guests.

To keep costs down, San Clemente Garden Club does not mail its Membership Yearbooks and nametags. If you haven't received yours yet ask a friend or neighbor to pick up your copy at the membership table. Please feel free to contact me if you have any questions.

## Vinegar Uses for the Gardener

from Susan Pierce

Soak rusted small garden tools in undiluted white or apple cider vinegar overnight. Then scrub with brush or scrubbie, rinse, and then dry. If tools are larger, wrap vinegar soaked towels or rags around them and cover with plastic wrap.

A vinegar wash of one part vinegar to ten parts of water kills pests from plants and fresh fruit such as strawberries. (This keeps strawberries fresh for longer period of time.)

Full strength vinegar can be poured or sprayed on any unwanted weeds around your home. It is an earth-friendly way to keep weeds out of cracks in driveways and sidewalks or between stepping stones.

## November Birthdays

from Ginnie Churchill

Happy Birrrrrthday to Youuuu! Happy Birrrrrthday too Youuuu! And many more. ♪♪♪♪♪ ♪♪♪♪♪ ♪♪♪♪♪

As we approach Thanksgiving we are thankful for our family and friends and for you. Let's celebrate our members with November birthdays.

- |                    |                |
|--------------------|----------------|
| Ces Smith          | Cass Jones     |
| Dorothy Tucker     | Malvina King   |
| Kate Bartholomew   | Anna Sarrade   |
| Stephanie Anfinson | Eunice Schafer |
| Clara Foulger      | Nancy Schoner  |
| Christine Gear     | Anna Wyman     |
| Shellv Gilmore     |                |

## 2012 Awards

from Bertie Lloyd

Reminder to check [www.californiagardenclubs.com](http://www.californiagardenclubs.com) for 2012 Awards information. There are many awards available for 1/1/12 -12/31/12 term. The most important suggestion is to double check the rules and proofread applications carefully. For your project take photos before, during and after the event. Clearly labeled and descriptive photos are necessary. If handout flyers or brochures are used include them as part of the components.

Be sure to follow directions to the letter. All application and evaluation forms can be downloaded from CGCI website or obtained from our District Director (Launa) or the CGCI Awards Chairman (Bertie). Good Luck!



## Holiday Luncheon

from Jeannette Fromm

This year's Holiday Luncheon will be held December 5, 2012, at the Talega Golf Club located at 990 Avenida Talega, San Clemente. Social Time begins at 11:30 AM and lunch will be served at 12:15 PM. You are invited to bring an unwrapped toy for a child to be distributed by Family Assistance Ministries. A No Host bar will be available with house wine at \$5 per glass. The luncheon cost is \$23 per person.

### Menu

Bread Basket with Whipped Butter

#### Starter Course

Roasted Butternut Squash Soup w/ Applesauce & Crème Fraiche Garnish

#### Entree Courses

Tuscan Style Chicken Breast w/Lemon caper Sauce

Prime Rib with Yorkshire Pudding w/Creamy Horseradish

Gluten Free Entree

Vegetarian Pumpkin Ravioli w/Walnut Sage Cream

#### Finale

To Be Decided

Iced Tea, Coffee, Decaf, Lemonade

\*\*\*\*\*

Make checks payable to SCGC and mail to Jeannette Fromm 233 Avenida Princesa, San Clemente, CA 92672. **Payment must be received no later than November 28<sup>th</sup> along with your entrée choice.**



## Fall Plant Sale

from Lisa Goff

Thank you to all who donated and helped at the Fall Plant Sale October 13. There were many beautiful plants donated from our local nurseries and several from members' gardens. We made \$964 profit and signed up a new member! Many members went home with treasures too.



Please feel free to bring any cuttings, bulbs, and/or seeds to meetings to share with club members. This will be our way of doing a 'plant swap'. Many members have asked me about sharing their plants, so lets do it! We include items brought in at the back of the room. It is helpful to have photos or signage for your plant and containers to take things home. We will swap plants year round so everyone gets a chance to share.

Gardening is a kind of disease. It infects you. You cannot escape it.

When you go visiting, your eyes rove about the garden; you interrupt the serious cocktail drinking because of an irresistible impulse to get up and pull a weed.

~ Lewis Gannit

## Sponsor Showcase



Laguna Nursery owner, Ruben Flores, joins Lisa, Lisa's dad, Kathleen, Better, Heidi, Barry, Bette, and Mary during their tour of the nursery. Well worth a visit!

## Garden Therapy

from Simone Costes

In September we were welcomed very enthusiastically by our friends at RIO. They really look forward to our visit each month. The prep for our fall craft activity was held on Dolly's nice patio ~ serenaded by several beautiful canaries ~ thanks to Bette Langford, Malvina King, Suzi Klickstein, Tom Benton, Simone Costes and Dolly Latteier for helping. Using a small wooden box with colorful silk flowers and leaves, members Barbara Schouten, Ginnie Churchill, Teresa Whitney, Weej Baggaley, Doris Weinbaum, Bette Langford, Tom Benton, Malvina King and Simone Costes assisted the clients as they added their own finishing touch with sparkled leaves, stickers & drawings on their floral arrangement. Thanks, everyone.

In October the folks at RIO each decorated a pumpkin donated by Tom Benton with felt pens, stickers and grassy hair. As always, this activity was a big hit.

Our friends at RIO will be provided with all the materials to make a Happy Thanksgiving greeting card. Join us November 14<sup>th</sup> at 1:00 PM.

Members...If you have the time, please join us any month. Words from the clients to the SCGC –  
**"YOU MAKE OUR DAY."**

**Editor's note:** Check out photos of recent RIO activities in the online version of "The Garden Trellis."

*Remember to change your clocks. Daylight Savings Time ends at 2 AM on November 4.*

## Front Yard Contest

from Sacha McCrae Delane

San Clemente Garden Club had its sixth annual front yard garden contest in October. The six judges were: Bette Langford, Marcia Fulcher, Sacha McCrae Delane, Weej Baggaley, Ginnie Churchill and Gloria Alfrey. Front yards were nominated by San Clemente residents and Garden Club members. We viewed 16 properties in a drive-by viewing, and chose 5 homes and 1 business as winners. The winners were announced at the Fall Plant Sale. Each winner received a congratulatory letter and a \$25 gift certificate to Shore Gardens Nursery. The winners are listed below:

**BEST SMALL GARDEN:** 1720 Calle Casita, San Clemente, CA 92672

Wonderful Hollyhocks and colorful zinnias delight the visitor that arrives to the front door. A truly delightful small space garden. Owner Deedee Carr (garden club member).



**BEST BUSINESS GARDEN:** 266 Calle Pintoresco, San Clemente, CA 92672  
Owner Terry Daum of Kui Co. designed a spectacular garden with Koi pond, river and wood bridge.

**BEST CONTEMPORARY GARDEN:** 2385 S. Ola Vista, San Clemente, CA 92672

A creative use of the slope with a staggered concrete pathway, and a mixture of succulents and ground covers as well as a creative use of plant material. Owners Kris and Larry Namimatsu.

**BEST SPANISH/NATIVE GARDEN:** 217 W. Avenida San Antonio, San Clemente, CA 92672



Owners Pat and B... property with a lovely three-tiered fountain and well-chosen succulent plantings. Personal touches make this a very special and welcoming front yard. Designed by Lisa Goff.



**BEST TROPICAL GARDEN:** 27601 Vista De Dons, Capistrano Beach, CA 92624

A breathtaking blue grey palm tree is the focal point of this front yard. Chocolate scented mulch encourages you to stay a while and enjoy the rest of the tropical plants. Owner Vincent John La Barbera.



2012 Front Yard Garden Contest Judges

## Squash and Pear Bisque

from the kitchen of Sandi Campbell-McClain

Cut a good size butternut squash in half lengthwise – discard seeds and membrane. Place squash halves cut sides down on baking sheet. Bake at 375° for 45 minutes. Cool. Peel squash. Mash pulp. There should be about 3-½ c. of pulp.

Melt 1 T. butter in large Dutch oven. Add 2 c. peeled and chopped Bartlett pears and 1-½ c. thinly sliced onion. Sauté 10 minutes or until lightly browned. Add pulp, 2-½ c. water, 1 c. pear nectar, 2 cans vegetable broth, 2-½ teaspoon curry powder, ½ teaspoon salt, and 1/8 tsp ground black pepper. Bring to boil, partially cover, reduce heat and simmer 40 minutes. Let cool a bit before placing ⅓ of the soup mixture in blender and processing it till smooth. Pour pureed mixture into large bowl and repeat 2 more times with the remaining soup mixture.

Return all of the soup mixture to the pan – add ½ c. half and half. Cook over low heat 3 minutes.



## Monarch Parasites: San Clemente Gardens



### A Study of the Protozoan Parasite in a Wild Population of Western Monarchs

As you know, Dani Ethington, won the Young Naturalist Award in June from the *American Museum of Natural History* in New York for her field research study conducted here in San Clemente in partnership with many San Clemente Garden Club member gardens as well as Casa Romantica, Concordia, Marblehead, Shorecliffs Middle School, and Butterfly Trail at San Clemente State Beach, among others. **You may read Dani's published research report:** "The Prevalence of *Ophryocystis elektroscirrha* Infections in the Monarch Butterfly (*Danaus plexippus*)" on the American Museum of Natural History's website: <http://www.amnh.org/learn-teach/young-naturalist-awards/winners/2012/%28offset%29/10> Her year-long scientific study concentrated on the host-parasite relationship between monarch butterflies and *Ophryocystis elektroscirrha* (O.E., a protozoan parasite) infections transmitted between butterflies and to the environment.

At the conclusion of her study, she analyzed scale samples from 746 wild monarchs in 17 test gardens in coastal San Clemente and found the average annual rate of infection to be 41 percent, with a seasonal high of 81 percent by November. Both these figures represent substantial increases over the 30 percent annual average estimated for migrating monarchs (November-March) in California during winter.

The American Museum of Natural History's Young Naturalist Award program is a nationwide science-based research competition for kids in grades 7 through 12 supported by the Alcoa Foundation. To learn more about the YNA program please visit <http://www.amnh.org/learn-teach/young-naturalist-awards>.

## Scholarships

from Barry Gorlick

Distributing a scholarship is a wonderful gift to the world. The students who benefit from the scholarship will go forward in life with an education and the knowledge that a kind group like the SCGC helped them along the path to getting their degree and starting their career. Ultimately, we hope they remember that gift and turn around and pay it forward when they get the opportunity to do so. Scholarship programs vary from chapter to chapter and club to club; however, there are essential elements every organization needs to have in order to emphasize academics. By having the right mix of people to help plan, review applications and make recommendations we hope to add to the strong base the SCGC has for worthy scholarship program.

This is my first opportunity to thank what has become the "Scholarship Committee" because, without their help, this program would not have gotten off to the great start it has had this year. Kris Ethington, our Junior Gardener Program Chair and 2011 Youth Leader of the Year for the California Garden Clubs, has drafted our new scholarship application forms. She's jump-started (and I hope will continue) driving us down the right path for getting the forms for 2012-2013 into their final format and into the right hands at the San Clemente Schools. She's been working with Mike Gould on adding a menu tab to the club website just for Grants/Scholarships so applicants will go to our site for full downloads of both the high school application as well as the continuing college student one too. Again with Kris' help, we hope to advertise the High School 6 Essay competition by California Garden Club and the National Garden Club on this page in the hopes of getting applicants to apply to the state level competition.

Thanks also go to Bette Langford, Mary Gorelick, and Launa Gould for their guidance in getting me started.

As the new Chairman of the Scholarship Committee, I look for your help and patience as I learn the ropes and look to add my efforts to support our outstanding Club. If you're interested in volunteering a small amount of time in support of the Scholarship Committee, please send me an email at [baryold@gmail.com](mailto:baryold@gmail.com) or give me a call at 949-481-1131.



# The Garden Trellis

Newsletter for the SAN CLEMENTE GARDEN CLUB,  
Member of California Garden Clubs, Inc., Orange County District  
Member of National Garden Clubs, Inc., Pacific Region

P.O. Box 3891  
San Clemente, CA 92674-3891

## San Clemente Garden Club Activities

### November 2012

November 6	Board Meeting	3:00 PM
November 7	Meeting and Program	1:00 PM
November 8	Civic Beautification – Pier Garden	8:15 AM
	Marine Monument at Park Semper Fi	8:30 AM
	Library Memorial Garden	9:30 AM
	City Hall Rose Garden	10:00 AM
November 8	Junior Gardeners – Marblehead	2:15 PM
November 14	Garden Therapy – turkey craft	1:00 PM
November 15	Civic Beautification – Casa Romantica Garden	9:00 AM
November 15	Junior Gardeners – Concordia	1:00 PM



Save A Tree - please consider the environment before printing this newsletter.



September Fall Craft - Garden Therapy



Garden Therapy



October 2012





# Plant Sale